

Health Declaration:

Professional obligations

The GMC's guidance *Good Medical Practice* and *Serious communicable diseases* says that if a doctor has a serious condition which they could pass on to patients or colleagues they must have any necessary tests and act on the advice given to them by a suitably qualified colleague about necessary treatment and/or modifications to their clinical practice. Moreover, if their judgement or performance could be significantly affected by a condition or illness, they must take and follow advice from a consultant in occupational health or another suitably qualified colleague on whether, and in what ways they should modify their practice.

I accept the professional obligations placed upon me in paragraphs 59 to 60 of *Good Medical Practice* and *Serious communicable diseases*.

Signature: _____ Date: _____

Name in capitals: _____

Regulatory and voluntary proceedings

Since my last appraisal/revalidation I have not, in the UK or outside:

- Been the subject of any health proceedings by the GMC or other professional regulatory or licensing body.
- Been the subject of medical supervision or restrictions (whether voluntary or otherwise) imposed by an employer or contractor resulting from any illness of physical condition.

Signature: _____ Date: _____

Name in capitals: _____

(Notes: If you are able to sign both of the above declarations then you do not need to complete the rest of the pro-forma below. However, if you are not able to sign both of the declarations above then you will need to complete the full pro-forma below.)

Health declaration pro-forma
(To be completed if you are unable to sign the Health declaration)

Your own health

The GMC acknowledges that medicine can be a demanding profession and that doctors who become ill deserve help and support. Doctors also have to recognise that illness can impair their judgement and performance and thus put patients and colleagues at risk (this is particularly so in the case of psychiatric conditions, drug and alcohol abuse). The GMC therefore encourages doctors to reflect on their own health, seek professional advice if necessary and consider whether, for health related reasons, they should modify their professional activities.

- 1 Do you have any illness or physical condition that has since your last appraisal/revalidation¹ resulted in your restricting or changing your professional activities?

Yes No

If yes, please give details of the changes in your professional activities, which it is - or was - necessary for you make:

Regulatory and voluntary proceedings

- 2 Are you - or have you been since your last appraisal/revalidation been the subject of any proceedings under the GMC's Health Procedures or Health Committee or similar proceedings of other professional regulatory or licensing bodies within the UK or abroad?

Yes No

If yes, please give details:

¹ If this is your first appraisal and you have not yet gone through the process of revalidation then please fill in the pro-forma answering the questions as they apply to you at the current time.

3 Are you currently or since your last appraisal/revalidation been subject to medical supervision, voluntary or otherwise, and/or any restrictions voluntary or otherwise, imposed by your employer or contractor resulting from any illness or physical condition within the UK or abroad?

Yes No

If yes, please give details:

4 All the information in this declaration is true to the best of my knowledge.

Signature: _____ Date: _____

Name in capitals: _____