

Foundation Update

Issue #347 - 10th July 2023

Click on the blocks below to be linked to their subject.



Strokephobia Study Questionnaire for F2 Doctors

F2 trainees are invited to participate in this study by completing our anonymous questionnaire, which should take less than 15 minutes. There is a national shortage of doctors training and qualifying in stroke medicine. Anecdotally, we are aware that some doctors describe fear of working in stroke and covering the stroke bleed, especially in the out of hours period. We want to understand more about doctors' experience of stroke medicine, at both under and post graduate level.

[Click here for more information](#)

Courses and Events

Geriatrics 4 everyone will be holding a free inter-professional education day on Saturday 14th October 2023.

[Click here for more information](#)

A T&O Fracture teaching series is available to all Foundation trainees running in July 2023.

[Click here for more information](#)

GMC Registration for Current F1 Trainees

- Current F1 Trainee's need to apply for your GMC Full registration. [Click here to view the Application information letter for internationally qualified doctors moving from F1 to F2](#)

A TURAS E-Portfolio Guidance Flyer has been created for all incoming F1's as well as current F1's and F2's. This flyer includes:

- Walkthrough slides of your overall portfolio
- How to update your email address
- How to create a TAB form and generate tickets
- How to link & unlink evidence to the curriculum

and so much more!



Alerts & Information

- Guideline - Management of Constipation in Adults with Dysphagia
- Use of gum-based thickeners with Polyethylene glycol laxatives (macrogols)



[Click here to see the latest UKFPO Bulletin](#)

Items Included in this issue:

- National Sarcoma Awareness Project - BMJ e-learning module
- Your Career, Our Future - Medical/Dental Careers Conference
- Clinical Education in the Foundation Years Survey



If you are starting your F2 year in August 2023, please keep an eye out for your *Welcome to the FLiGHT Teaching Programme 2023-2024* email which will be sent out in the next few weeks. This will provide you with all agreed FLiGHT Teaching dates we have secured so far, and will provide you with all the information you will require to avail of FLiGHT Teaching over the course of the year.

If you have any queries please contact the FLiGHT team on

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