

# TURAS E-Portfolio Guidance for Foundation Trainees

For all new incoming F1 trainees you will be set up by your Foundation School on TURAS and will receive an email from NHS Scotland on behalf of TURAS for you to activate your portfolio. Please action this as soon as you receive the email.



A full slide Portfolio walkthrough can be accessed [here](#) which explains each of the forms and how they can be used.

[Click on each of the options below to be linked to the relevant guidance](#)

- + Updating Email Address for TURAS Training Management (TPM)
- + How to create a TAB form and generate tickets
- + How to upload additional achievements
- + How to download your portfolio
- + How to link and unlink evidence to the curriculum
- + How to add your photo to your portfolio
- + How to update your email or personal details
- + Guidance on logging mandatory teaching
- + Additional Learning - Trainee Guide for Uploading to TURAS



To find out more about the Foundation Programme Curriculum [click here.](#)



## What is the purpose of TURAS?

Turas is your training portfolio across your foundation training. You will record your training experiences here which will be reviewed by your supervisors throughout the year. The evidence will then be considered by the ARCP panel at the end of each year to see if you have completed the required training requirements in order to progress.

## Turas - FAQ's

On TURAS there is a FAQ page you can access [here](#). This will provide guidance on declarations, mandatory certificates, initial meetings, personal development plan, tickets, curriculum and resetting your password.

**To access TURAS**  
[click here](#)



**For more information**  
[click here to be directed to the NIMDTA website](#)



For Any Additional Queries Please Contact:  
[foundation.nimdt@hscni.net](mailto:foundation.nimdt@hscni.net)

TURAS is developed by

