

August 2020

Psychiatry Training in Northern Ireland



A Regional Prospectus

Northern Ireland Medical & Dental Training Agency



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Foreword

Welcome to the new 2020/21 prospectus for the School of Psychiatry at the Northern Ireland Medical and Dental Training Agency.

In collaboration with the 5 Health and Social Care Trusts in NI and Queen's University, Belfast, we are committed to providing high quality training across all of our programmes. We consistently attract and appoint doctors of the highest calibre to quality assured training posts in a wide variety of mental healthcare settings across the region.

Our aim is to instil not just competence but true excellence as we endeavour to ensure that every trainee who joins one of our programmes strives to become the best psychiatrist they can be. We achieve this by expecting a lot from our trainees but also offering a highly supportive, trainee centred experience provided by skilled, experienced trainers and lead educators.

This prospectus provides an overview of Psychiatry training in Northern Ireland. It illustrates the breadth of learning opportunities available to both core and higher trainees in a wide variety of clinical and academic settings across the five Trusts. It is designed to inform doctors making applications to specialty training and to be a guide to trainees as they make their preferences for placement allocation for each year of training.

It has been diligently compiled using expert information provided by current trainees, lead educators in each Trust and Training Programme Directors to whom I am extremely grateful.

Dr. Damien Hughes, FRCPsych

Head of School, Psychiatry

July 2020

Useful Contacts

Head of School for Psychiatry

Dr Damien Hughes

Deputy Head of School for Psychiatry

Dr Joanne Minay

Training Programme Director for Core Psychiatry Training

Dr Stephen Moore

Training Programme Director for General Adult Psychiatry Training

Dr Julie Anderson

Training Programme Director for Psychiatry of Old Age Training

Dr Conor Barton

Training Programme Director for Forensic Psychiatry Training

Dr Paul Devine

Training Programme Director for Child & Adolescent Psychiatry Training

Dr Karen Fulton

Training Programme Director for Intellectual Disability Psychiatry Training

Dr Ita Mulholland

Training Programme Director for Psychotherapy Psychiatry Training

Dr Iain McDougall

To contact any of the above please email: psychiatry.nimdt@hscni.net

Overview

This Prospectus is designed to provide an overview of training jobs in Psychiatry in Northern Ireland. There is information on each of the Psychiatric Specialties from the Training Programme Directors. There is also Trust specific information including educational and training opportunities. This Prospectus will provide useful information to help Psychiatry trainees make the most of training placements and help map their career path. It may be beneficial for FY2 or GP trainees who have placements in Psychiatry. It will also guide those who are new to the specialty or new to training in Northern Ireland.

The Prospectus was produced along with a Training Information Leaflet as a result of the NIMDTA Placement Quality (PQ) Review of Psychiatry Training in 2019. The PQ process aims to improve training posts within Northern Ireland by engaging with trainees, trainers and providers to develop and implement strategies to improve current practice. The results of the 2019 review were overwhelmingly positive with 71% of psychiatry trainees reporting that their placement was of excellent or good quality as a training post. The majority of trainees across NI reported that they would like additional information about the available posts to help with placement preferencing. This Prospectus addresses this issue and provides the additional information requested by trainees.

Full details of the Placement Quality Review can be found here:

<https://www.nimdtg.gov.uk/download/psychiatry-pq-report/>



Foundation Year 2 Trainees in Psychiatry

Approximately one third of FY2 trainees will have a 4 month post in a psychiatry placement. This is beneficial for future medical careers both in Psychiatry and other specialties. FY2 trainees will have placements in Outpatient, Inpatient Psychiatry or a mixture of both. Trainees will be able to develop skills in mental state examination and assessment, management of psychotropic medications and risk assessment. They can also develop transferrable skills in communication, team work, and leadership and will have the opportunity to be involved in quality improvement and audit. FY2 trainees will have protected time to attend mandatory generic skills sessions at NIMDTA and will have appropriate supervision by senior colleagues.

GP Trainees in Psychiatry

GP trainees can have a 4 or 6 month training post in Psychiatry. These posts are extremely beneficial for a career in General Practice as a large proportion of this work is the promotion of good mental health and treatment of mental illness. Trainees will be able to develop similar skills as above and also achieve specific learning outcomes in their curriculum such as the ability to:

- *“Diagnose, investigate and manage mental health conditions using history, examination, support, management and referral where appropriate.*
- *Communicate effectively, professionally and sensitively with patients, relatives and carers, recognising potential difficulties in communicating with people with mental health conditions and the importance of generating and maintaining rapport*
- *Assess risk to make the patient’s safety and the safety of yourself and others a priority.”* RCGP Curriculum

GP trainees will have protected time to attend mandatory GP Training Days.

Both FY2 and GP trainees will be encouraged to consider completing the Diploma in Mental Health at QUB and efforts will be made to facilitate attendance at classes for this.

Opportunities for trainees

Academic Psychiatry

There are fabulous opportunities to get involved in academic psychiatry in NI, both teaching and research.

Joint appointment posts with QUB are one way to get experience and therefore develop academic skills that are vital for all psychiatrists. For trainees wishing to gain experience in research, or indeed with an interest in pursuing an academic career, this post can provide an excellent first step in this journey. There are 3 JA posts which are half clinical and half academic. There will be the opportunity to get involved in undergraduate teaching. For those with a particular interest in research there will be projects you can become involved in. It is useful to consider your own areas of interest prior to starting the post as research can take time!

Interest in these posts can be indicated on the post preference forms sent out through NIMDTA. They are recommended for core or higher trainees, but it is advised that both written papers have been passed. Depending on the level of interest, a brief informal interview process may take place.

- NHSCT/QUB - Dr Ciaran Mulholland /STEP team c.c.mulholland@qub.ac.uk
- BHSCT/QUB - Dr Aidan Turkington/AMHIC aidan.turkington@belfasttrust.hscni.net
- BHSCT/QUB - Dr Tony O'Neill/Rehabilitation tony.oneill@qub.ac.uk

For any further details regarding joint appointment posts contact Dr Julie Anderson, Consultant Psychiatrist and psychiatry module lead at QUB (Julie.anderson@northerntrust.hscni.net) or Dr Melanie MacPherson, JA trainee (m.macpherson@qub.ac.uk) or any of the consultants listed above.



NI Psychiatry trainees have been successful in securing a place on the **Irish Clinical Academic Training (ICAT)** Programme. It is an integrated programme spanning seven years of training that leads to BOTH a PhD and CCT.

<https://icatprogramme.org/>

Another opportunity is the **Clinical Academic Training Programme (CATP)** QUB. Academic Clinical Lecturer (ACL) post is normally for 3 years and can be appointed to a trainee with an existing training number who have already completed a PhD. Fellowship (ACF) is spans 2 years. It is expected that the trainee will be working towards applying for a PhD during this time.

<https://www.qub.ac.uk/schools/mdbs/Study/ClinicalAcademicTraining/>

PG Clinical Education at QUB allows trainees who wish to further develop teaching skills while working towards a postgraduate qualification (certificate, diploma or masters)

<https://www.qub.ac.uk/courses/postgraduate-taught/clinical-education-pgcert/>

Useful resources

- <https://healthcarelibrary.qub.ac.uk/Membership/NewMemberRegistration/>
- <https://www.nimdtg.gov.uk/iquest/>
- <https://www.nihr.ac.uk/health-and-care-professionals/learning-and-support/good-clinical-practice.htm>

Education Fellow roles

In 2019 the role of Psychiatry Education Fellow was introduced. There is one fellow in each of the five Trusts, selection is through application form and interview if multiple applicants. The fellows will oversee the content and delivery of the MRCPsych teaching sessions and be involved in education programmes and projects within their own Trust. A budget will be provided for courses, conferences or training related to education.

Any queries please contact:

- Dr Julie Anderson Julie.anderson@northerntrust.hscni.net
- Dr Stephen Moore Stephen.moore@setrust.hscni.net

Peer Mentoring

- CT1 trainees can avail of the peer mentoring scheme run through NIMDTA. This involves being matched at the start of the year with a higher psychiatry trainee. Further details regarding mentoring are given at core induction. Dr Julie Anderson or Dr Stephen Moore head up this scheme.

RCPsych NI

The Royal College of Psychiatrists in Northern Ireland is one of three Devolved Nations of the College. It works closely with the Irish College of Psychiatrists based in Dublin and is united with it under the auspices of the all-Ireland Institute of Psychiatry. Our current Chair is Dr Richard Wilson, who took over from Dr Gerry Lynch in July 2020. Further details on the College in Northern Ireland can be found on our [website](#).

The College is keen to engage with all Trainees and encourages members to attend meetings of the Trainees Committee, as well as our programme of events and masterclasses. In June each year, a local dedicated Trainees' Conference is organised by the three Northern Ireland representatives on the UK Committee. Since 2016, CT1s have held their classes in our former offices at Clifton House. In July 2020, we moved premises to the Innovation Factory on Belfast's Springfield Road.

Trainees are also encouraged to become involved with the various faculties within the Royal College outlined below:

- Academic Specialty Committee – Dr Tony O' Neill
- Addictions Faculty – Chair Dr Billy Gregg
- CAP Faculty – Chair Dr Mark Rodgers
- Forensic Faculty – Chair Dr Paul Devine
- General Adult Faculty – Chair Dr Rowan McClean
- ID Faculty – Chair Dr Arun Subramanian
- Liaison Specialty Committee – Chair Dr Joanne Minay

- Perinatal Specialty Committee – Chair Dr Julie Anderson
- Policy Specialty Committee – Chair Dr Peter Trimble
- Private & Independent Practice Special Interest Group (PIPSIG) – Chair Dr John Sharkey
- Psychiatry of Old Age Faculty
- Psychotherapy Specialty Committee – Chair Dr Owen McNeill
- Rehabilitation Specialty Committee
- SAS Specialty Committee – Chair Dr Bob Boggs

Contact: northernireland@rcpsych.ac.uk

NIMDTA Opportunities

There are additional training opportunities available through NIMDTA:

- Trainee Ambassadors <https://www.nimdtg.gov.uk/recruitment/nimdtg-trainee-ambassadors/>
- iQuest Modules <https://www.nimdtg.gov.uk/iQuest/>
- ADEPT Clinical Leadership Fellowship <https://www.nimdtg.gov.uk/adept/>
- Engage Clinical Leadership & Improvement Programme <https://www.nimdtg.gov.uk/trainee-opportunities/engage-clinical-leadership-improvement-programme/>

Belfast Health and Social Care Trust



Belfast Trust

Mental Health services in the Belfast Trust provide mental health and intellectual disability services for children and adults in the Belfast area and provides a number of regional specialist services for Northern Ireland.

Acute Sites:

- Acute Mental Health Inpatient Centre (AMHIC), BCH
 - *Ward 1* - Psychiatry of Old Age and General Adult Patients
 - *Ward 2* - Female Adult (can facilitate male admission if needed)
 - *Ward 3* - Mixed General Adult
 - *Ward 4* - Psychiatric Intensive Care Unit
 - *Ward 5* - Male Adult
- Knockbracken Healthcare Park (KHCP)
 - *Shannon Clinic* – Medium Secure Inpatient Unit
 - In-patient services for people with mental illness who require intensive psychiatric treatment and rehabilitation in a structured, secure and therapeutic environment.
 - Regional service working with mental health services throughout Northern Ireland
 - Ward One – Admission/Assessment and Intensive Care
 - Ward Two – Continuing Care Services
 - Ward Tree – Rehabilitation
 - *Clare Ward* – Low Secure Rehabilitations Inpatient Unit
 - *Valencia Ward* – Dementia Assessment Inpatient Ward
- Muckamore Abbey Hospital (Intellectual Disability Inpatient Assessment and Treatment)
 - Cranfield Ward – Acute inpatient ward
 - Ardmore – Acute assessment and treatment ward
 - Sixmile – Forensic Ward
- Beechcroft Child and Adolescent Unit, Forster Green Hospital
 - Acute inpatient assessment and treatment wards
 - Crisis Assessment and intervention Team
 - Eating Disorder Youth Service
 - Knowing Our Identity (Gender Identity Support Service)
 - Primary Mental Health
- Iveagh Centre, RVH (Young People Intellectual Disability Inpatient Unit)

- 6 bedded unit for young people aged 12-17
- Provides treatment for
 - Neuro-developmental disorders
 - Acute psychiatric illnesses
 - Severe behavioural difficulties

Acute Services:

Home Treatment

The Home Treatment Team sees patients who are acutely unwell who would otherwise be admitted to hospital. It consists of 3 consultant psychiatrists and a specialty doctor.

Unscheduled Care

The Unscheduled Care Team deals with urgent referrals, largely from the Emergency Department and also from GPs and FMOs. The team consists of nursing staff, a team manager, an associate specialist and a consultant. They are based at Fairview at the Mater Hospital, and cover all the Trust acute hospital sites.

Hospital Liaison

The General Hospital Liaison Team sees patients from the Trust general hospital wards that require psychiatric input. This is a smaller team, based in the RVH and consists of a general adult consultant, old age consultant and a liaison nurse.

Outpatient Opportunities:

Primary Mental Health

There are 4 core multi-disciplinary teams based in the North, South, East and West sectors of Belfast. The teams help adults aged between 18 and 65 who have mental illnesses which impact their ability to function such as depression and anxiety. They promote and support mental wellbeing through brief interventions such as anxiety management, psychoeducation, behaviour activation and CBT, supported by medications if needed.

Recovery Services

There are 4 core multi-disciplinary teams based in the North, South, East and West sectors of Belfast. They provide treatment for patients with severe and enduring mental illness. In addition to this there is a Rehabilitation and Resettlement Team and an Early Intervention Team (EIT). The EIT provides a holistic care approach to young adults experiencing first episode psychosis and working closely with families and carers as part of the treatment

programme. The service includes access to a range of interventions, which include family work, group work and medical treatment.

Old Age

The Psychiatry of Old Age (POA) services specialize in the assessment and management of mental illness associated with the ageing process. The service sees the majority of patients with dementia in the Belfast Trust, elderly people with functional illness and provides community, specialist dementia, liaison and acute inpatient care.

Community services are delivered by POA Consultants across 5 sectors –

- Castlereagh (Dr English)
- East Belfast (Dr Corry)
- South Belfast (Dr Edgar)
- North Belfast (Dr McPherson)
- West Belfast (Dr Nix)

Post	Grade	Supervisor
Inpatient KHCP	F2/CT/GPST	Dr English
Outpatient KHCP	CT/GPST	Dr Corry/ Dr Edgar
Outpatient KHCP	ST	Dr English
Outpatient Bruce House	CT	Dr McPherson
Inpatient BCH	F2	Dr Barton

There is a specialist Community Mental Health team for Older People and single point of referral for Belfast based at Knockbracken Healthcare Park which is similar to that for General Adult Psychiatry.

Department of Psychotherapy

The Department of Psychotherapy is based in Shimna, KHCP. It provides time-limited talking therapies delivered either in groups or on an individual basis depending on clinical needs and available options.

There are opportunities to learn about how psychoanalytic theory can be applied in many areas of psychiatric practice, about other forms of evidence based therapies such as Cognitive Behavioural Therapy and Interpersonal Psychotherapy. Furthermore, discrete pieces of working with the Gender Identity Service, Self-Harm Team and Eating Disorders Service may be arranged by request in advance.

These placements are well suited to psychologically minded trainees later in their core training years and who may be considering Higher Training in Medical Psychotherapy, but equally those who wish to develop their interests to complement other training.

Forensic Psychiatry

Shannon Clinic is supported by the four Community Forensic Mental Health Teams across the region who each deliver services to their respective Trust population. The rationale for community forensic teams is to support the transition from secure care into the community. Patients suitable for referral to the community forensic team are usually (but not exclusively) between the ages of eighteen and sixty-five, currently suffering from a mental

disorder and who require a forensic service on the basis of either (i) risk, (ii) specialist need or (iii) continuity of care. The service also provides advice/guidance to referring agents where the level of risk is not clearly defined but there are ongoing concerns.

Specialist Services:

- Addiction Psychiatry
- Eating Disorders
- Perinatal Psychiatry
- Self-harm and Personality Disorder Service

Staff:

College Tutor: Dr Dearbhail Lewis Dearbhail.lewis@belfasttrust.hscni.net

Consultants

Consultant	Role/Special Interest
Dr N.Corrigan	Adult Acute Inpatient
Dr A.McDonnell	Adult Acute Inpatient/ Educational Supervisor
Dr R.Morrow	Adult Acute Inpatient
Dr C.Harpur	Adult Acute Inpatient
Dr A. Turkington	Adult Acute Inpatient
Dr M.Adekeye	Adult Acute Inpatient
Dr P.McGucken	Adult Acute Inpatient
Dr C.Donnely	Home Treatment Team (Old Age/GAP)
Dr A.O'Hare	Home Treatment Team (GAP)
Dr C.McGivern	Home Treatment Team (GAP)
Dr J.Caughey	Liaison; Unscheduled Care Team
Dr C.Taggart	Adult Liaison
Dr D.Lewis	Older People Liaison/ Educational Supervisor
Dr J.Lynch	Perinatal Psychiatry / Educational Supervisor
Dr P.Sloan	Perinatal Psychiatry/ Chair of Division
Dr R.Barr	Recovery Community Mental Health Team
Dr N.Duggan	Primary Community Mental Health Team
Dr J.Boyle	Recovery Community Mental Health Team
Dr J.Doherty	Primary Community Mental Health Team
Dr R.McClean	Recovery Community Mental Health Team
Dr M.Wylie	Recovery Community Mental Health Team
Dr D.Robinson	Recovery Community Mental Health Team
Dr A. Thampi	Early Intervention Team
Dr T.O'Neill	Community Rehabilitation & Resettlement Team
Dr A.East	Forensic Psychiatry
Dr C.Kennedy	Forensic Psychiatry

Dr P Devine	Forensi Psychiatry
Dr R.Bunn	Forensic Psychiatry
Dr D.Courtney	Medical Psychotherapy
Dr I.McDougall	Medical Psychotherapy
Dr H.Toal	Addictions Psychiatry
Dr J.Watson	Addictions Psychiatry
Dr D.Coyle	Eating Disorder Team
Dr B.English	Psychiatry for Older People
Dr C.Barton	Adult Inpatient Psychiatry for Older People
Dr G.McPherson	Psychiatry for Older People
Dr K.Nix	Psychiatry for Older People
Dr D.Hughes	Intellectual Disability Psychiatry
Dr C.Milliken	Intellectual Disability Psychiatry
Dr K.Yeow	Intellectual Disability Psychiatry
Dr C.McKenna	Intellectual Disability Psychiatry
Dr H.Boyd	Child & Adolescent Mental Health
Dr C.Kelly	Acute Inpatient Child & Adolescent Mental Health
Dr F.Doherty	Acute Inpatient Child & Adolescent Mental Health
Dr C.Kelly	Acute Inpatient Child & Adolescent Mental Health
Dr K.Latimer	Child & Adolescent Mental Health
Dr J.Wilson	Child & Adolescent Mental Health

Trainees

These are the number of trainees currently working within the Trust:

No. Higher trainee posts: 16

No. Core trainee posts: 18

No. GP training posts: 9

No. F2 posts: 4

Duty Bleep Arrangements

- One trainee co-ordinates the duty doctor rota for AMHIC
- The working week is split into 10 sessions; AM and PM
- Each trainee will cover a regular session, Wednesdays and Fridays are allocated on a rolling rota basis (to allow for attendance at educational sessions)
- There is a duty phone which is held by trainees from 9am to 5pm
- The duty doctor also holds an emergency pager that will be triggered in the event of an emergency (such as a cardiac arrest) or a safety alert including nurses carrying out a restraint
- After 5pm and during the weekend the 1st on-call carries the emergency pager and the wards will be able to contact the doctor on their mobile phone through the Trust switchboard

Handover Arrangements

Handover between first on call doctors should take place in the AMHIC Education Suite. It has been the expectation to date that if the doctor covering the Unit after 5pm is working off site as part of their 'day' job, the doctor should leave in good time to arrive at the Unit for handover at 4.50pm

AMHIC Handover times are as follows:

Monday – Sunday morning: 9am

Monday – Friday evening: 4.50pm

Monday – Sunday night: 9pm

Those covering Beechcroft/Muckamore have a telephone handover at 9am on weekends

Second on call should attend weekend Unscheduled Care Team handover at 0815 and 2030 at Ward 2B Office, RVH to discuss OOH USCT referrals and assessments.

Rota

1. 1st On-Call

- The first on-call rota contains long days and night shifts
- There are 3 different shifts based on areas covered including AMHIC, KHCP, Beechcroft, Muckamore and USCT
- The rota is currently under review

2. 2nd On-Call

- **Second on-call is non-resident on-call and will be contacted by switchboard for the Belfast Area**
- They are required to attend morning and evening USCT handovers at weekend and bank holidays

Teaching:

Protected training time:

- Higher Psychiatry Trainees
 - Special Interest sessions
- Core Psychiatry Trainees
 - Wednesday morning Balint Group and Psychotherapy Teaching
 - Wednesday afternoon MRCPsych Teaching
- GP Trainees
 - Wednesday morning Balint Group
 - GP Training Days
- FY2 Trainees
 - Wednesday morning Balint Group
 - Generic Skills Training

FY2 and GP trainees are encouraged to complete the Diploma of Mental Health at QUB and will be granted Wednesday afternoons to attend these sessions

The academic programme takes place on a Friday morning. There is a timetable for consultant teams to do journal club or case presentations and there is the opportunity for trainees to present. There are also relevant staff and service updates provided at these sessions.

There are opportunities to teach medical students as part of their 4th year attachments and higher trainees can apply for the Junior Teaching Fellow Role.

Training Opportunities:

- Modified Electroconvulsive Therapy takes place in the Mater Hospital on Tuesdays and Thursdays at 9am. The ECT team is based in Ward 1 of the Unit led by DCN Alfie Atrura. The Consultant lead is Dr Turkington.
- Each trainee will receive Management of Actual or Potential Aggression (MAPA) training at the beginning of their placement, if they have not done so within the last year.
- Research
- Audit/Quality Improvement
- Psychotherapy training
- Psychological therapies

Northern Health and Social Care Trust



Northern Trust

The Northern Health and Social Care Trust was formed on 1 April 2007 from Homefirst Community Trust (a community Trust), United Hospitals Trust (an acute Trust), and Causeway HSS Trust (an integrated acute and community Trust). It serves a population of approx. 440,000 people and covers the former district councils of Newtownabbey, Larne, Carrickfergus, Antrim, Ballymena, Magherafelt, Cookstown, Coleraine, Ballymoney and Ballycastle.

Acute sites:

- Holywell Hospital: 60 Steeple Road, Antrim, BT41 2RJ. (028 9446 5211)
- Ross Thompson Unit (RTU) (Causeway): 4 Newbridge Rd, Coleraine BT52 1HS. (028 7032 7032)

Holywell Hospital has three Adult Acute Inpatient Units which includes care for those aged 65+. There are two Psychiatry Intensive Care Units (male and female), one Dementia Care ward, One Addiction Unit and one Rehab Unit. Other on-site services include Home Treatment Teams, Intellectual Disability services, Forensic Services, Eating Disorder Services, STEP (Psychosis Prevention) and the Personality Disorder service.

The RTU is an Adult Acute Inpatient Unit.

ECT occurs on Tuesday and Friday mornings In Holywell. A rota is circulated for psychiatry trainees to attend ECT during their placement. GP / F2 trainees are welcome to attend.

Outpatient opportunities:

Within the Northern Trust there are:

- 9 Adult Community Mental Health Teams
- 5 Community Mental Health for Older People
- 4 Child and Adolescent Mental Health Teams

Staff**Consultants:**College Tutor: Dr Rick Anderson rick.anderson@northerntrust.hscni.net

CONSULTANTS	Special Interests/Role	Clinical Supervisor
Dr A Collins	Consultant in Psychiatric Intensive Care	X
Dr A Sedgwick	Acute Inpatients (Holywell)	X
Dr C Kennedy	Community Forensics Team	
Dr C McNally	Acute Inpatients (Holywell) Acute Clinical Lead	X
Dr C Wilson	ID Services	X
Dr D McGarvey	Cookstown CMHT	X
Dr D Miller	Magherafelt CMHT	X
Dr D Montgomery	Antrim CMHT	X
Dr E Boyd	Acute Inpatients (65+) (Holywell)	X
Dr E Conway	Newtownabbey CMHT	X
Dr E Noble	Home Treatment Team	X
Dr F McCartan	Magherafelt CAMHS	X
Dr H Greer	CAMHS & ID across NHSCT Deaf CAMHS leading on service development regionally	X
Dr H Henderson	Larne/Carrick CMHTOP	X
Dr I Crossan	Mid Ulster CMHTOP	X
Dr I Mulholland	ID Services	X
Dr J Ado-Imoisili	Rehabilitation Psychiatry	X
Dr J Anderson	Newtownabbey CMHT Educational Supervisor ECT Lead Special Interest Perinatal & Chair RCPsych NI Perinatal group Psychiatry module lead (QUB) TPD GAP (NIMDTA)	X
Dr J Hynes	Home Treatment Team	X
Dr J McIlvenna	Antrim/Ballymena CMHTOP	X
Dr J McLaughlin	Mental Health Liaison Service	X
Dr J Nelson	CAMHS, Outpatient Chief Clinical Information Officer for NHSCT, with close involvement in digital innovation at Trust and regional level Trainees on placement are welcome to become involved in this work in a special interest capacity	
Dr J O'Neill	Larne CMHT	X

Dr K Heron	Acute Inpatients (RTU)	X
Dr K Marrs	Acute inpatients (Holywell) incl consultant cover sessions for Psychiatric Intensive Care	X
Dr M McGurgan	Antrim/Ballymena CAMHS	X
Dr M Rodgers	Antrim/Ballymena CAMHS	X
Dr O McNeill	Medical Psychotherapy Joint clinical lead for the Personality Disorder Service which involves primarily a mentalisation based therapy programme Psychotherapy Tutor for the NHSCT.	X
Dr P Ling	ID Services	X
Dr P Zvolsky	Newtownabbey CMHTOP	
Dr R Anderson	Ballymena CMHT Educational Supervisor	X
Dr R Cherry	Home Treatment Team	X
Dr R Kehoe	Mental Health Liaison Service	X
Dr R O'Neill	Ballymoney CMHT, ACOMHS Accredited CMHT Medical Lead for Governance NIECR CCG Clinical Lead NHSCT UKAAN Regional Advisor NHSCT Clinical Lead Adult ADHD Royal College Psychiatry NI Regional Advisor Service and QI, Leadership and Medical management opportunities	X
Dr R Wilson	Carrick/Newtownabbey/Larne CAMHS Chair RCPsych NI	
Dr S Doherty	Causeway CMHTOP	X
Dr S McCann	Psychiatry of Old Age Inpatient Dementia Care (Holywell) Educational Supervisor	X
Dr S Tareen	Carrick CMHT Special interest in Neurodevelopmental Psychiatry RCNI representative for Adult ADHD and Autism Spectrum Disorder EMDR Europe Accredited Trainer status for EMDR training	X
Dr T Leeman	Coleraine CMHT	X
Dr U Huda	Mental Health Liaison Service	X
Dr W Gregg	Addictions Psychiatry	X
Prof C Mulholland	STEP Team	X

Specialty Doctors:

Dr R Morrison	Home Treatment Team Foundation Education Supervisor Chair of Directorate Medicines Committee
Dr A Swindles	Ballymena CMHT Junior Teaching Fellow

Specialist services within this placement:

- Addiction Psychiatry
- Liaison Psychiatry
- Medical Psychotherapy
- Rehabilitation Psychiatry
- Service, Treatment, Education and Prevention (STEP)

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Trainees:

These are the number of trainees currently working within the trust:

No. Higher trainee posts: 6

No. Core trainee posts: 10

No. GP training posts: 8

No. F2 posts: 6

Duty Bleep arrangements:

There is a rota of junior trainees who cover Holywell Hospital between 9am and 5pm. This is a rota system of half day (4 hour) sessions.

Handover arrangements:

Mon – Fri: Handover between long day/night doctors

Sat & Sun: Conference call takes place with all on-call medical staff

Rota Template

1. 1st On-call

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	00:00 - 9:30		9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
2	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
3	9:00 - 21:30	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
4	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
5	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
6	21:00 - 24:00	00:00 - 9:30, 21:00 - 24:00	00:00 - 9:30, 21:00 - 24:00	00:00 - 9:30, 21:00 - 24:00	00:00 - 9:30		
7	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
8	9:00 - 17:00	9:00 - 21:30	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
9	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 21:30	9:00 - 17:00		
10	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
11	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
12	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		9:00 - 21:30	9:00 - 21:30	9:00 - 21:30
13	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00		
14	9:00 - 17:00	9:00 - 17:00	9:00 - 21:30	9:00 - 17:00	9:00 - 17:00		
15	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	9:00 - 17:00	21:00 - 24:00	00:00 - 9:30, 21:00 - 24:00	00:00 - 9:30, 21:00 - 24:00

Duty	Name	Work Pattern	Start	Finish	Duration
A	NWD	NWD	9:00	17:00	8:00
B	Late	Full Shift	9:00	21:30	12:30
C	Night	Full Shift	21:00	9:30	12:30

2. 2nd On-call

Week	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
1	On call 17.00- 09.00						
2		On call 17.00- 09.00					
3			On call 17.00- 09.00				
4				On call 17.00- 09.00			
5					On call 17.00- 09.00		
6						On call 09.00- 09.00	On call 09.00- 09.00
7							
8							

Teaching

Protected training time: All trainees have protected time in keeping with their training programmes.

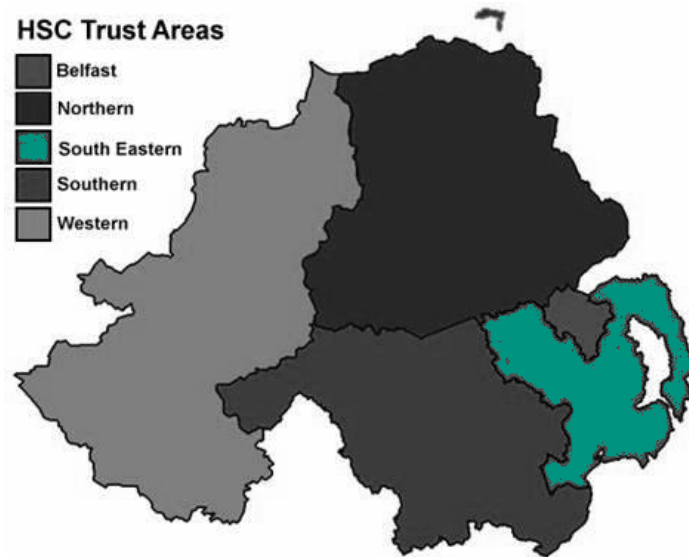
Trust teaching: Holywell academic programme takes place on a Monday afternoon starting at 2pm.

Educational Opportunities

- The academic programme is generally led by the trainees from each team being timetabled to deliver a case discussion or a journal review.
- There are opportunities to teach medical students as part of their 4th year attachments as well as those taking part in Student Selected Components.
- Balint group takes place on a Monday after academic programme.

FY2 ad GP trainees will be encouraged to complete the Postgraduate Diploma in Mental Health at QUB

South Eastern Health and Social Care Trust



South Eastern Trust

Acute Sites & peripheral units:

- **Ulster Hospital**
 - The Ulster Hospital is located in Dundonald, approximately 5 miles from Belfast. Ward 27 is the inpatient mental health ward.
- **Lagan Valley Hospital**
 - Lagan Valley Hospital is located in Lisburn. There are 2 inpatient wards, Ward 11 (>65) and Ward 12. A Home Treatment Team, Mental Health Assessment Centre, Community Mental Health Teams and Outpatient clinics also operate from the Lagan Valley Hospital site.
- **Downe / Downshire Hospital**
 - The Downe and Downshire Hospital are located in Downpatrick, approximately 23 miles from Belfast. The Mental Health Inpatient Unit and Dementia Assessment Unit are in the Downe Hospital, with Ward 15 (addictions) and Ward 27/PICU on the Downshire Hospital Site. Trainees may undertake outpatient clinics in the Downe Hospital, and have the opportunity to observe or be involved in administering ECT which also takes place in the Downe. There is an education suite at the Downe Hospital which trainees have access to.
- **Ards Hospital**
 - Ards Hospital is in Newtownards, located 5 miles from the Ulster Hospital. Mental Health Outpatients is on this site, where trainees will undertake outpatient clinics under the supervision of consultants. The Home Treatment Team and Acute Day Treatment are based in Lough House. Community Mental Health Teams and the Mental Health Assessment Centre are based in McQueen Home.
- **Finneston House**
 - Finneston House is located opposite the Downshire Hospital site. Community Mental Health Teams, the Mental Health Assessment Centre and the Home Treatment Team are based here.

Outpatient opportunities:

Trainees will have the opportunity to undertake outpatient clinics, seeing patients for both new patient assessments and review appointments under the supervision of their consultant. They also may be involved in Community Mental Health Team meetings and Enhanced Care Planning meetings.

StaffConsultants:

Consultant	Roles / Special Interests	Educational (ES) or Clinical Supervisor (CS)
Dr Agnew	Old age psychiatry	
Dr Anderson (locum)	Old age psychiatry	
Dr Barclay (locum)	General Adult Psychiatry	
Dr Coulter	Inpatient / HTT Audit / QI	CS
Dr Finnerty	Inpatient GAP / PICU ECT	ES
Dr Hawthorn	General Adult Psychiatry	CS
Dr Kerrigan	Old age psychiatry	CS
Dr Macauley	Old age psychiatry	CS
Dr Maguire	GAP Psychotherapy	CS
Dr McCann	General Adult Psychiatry	
Dr McNally	Old age psychiatry	CS
Dr McParland	General Adult Psychiatry	CS
Dr Moore	Training Programme Director for Core Psychiatry Medical Informatics	CS
Dr Moynihan	Clinical Director Rehabilitation psychiatry	
Dr Mullen (locum)	Addictions	
Dr O'Connor	Outpatient GAP Perinatal	CS
Dr Smylie	Inpatient / HTT	ES
Dr Smith (locum)	Addictions	
Dr Vohlidka (locum)	General Adult Psychiatry	
Dr Walker	General Adult Psychiatry Psychodermatology	CS
Dr Wilson	Old age psychiatry	
Dr Woods	Co-Undergraduate clinical lead, SET representative for NICRN Mental Health CMG. Interests in psychosis, research and medical education	CS

Specialty Doctors and Associate Specialists:

- Dr Assal
- Dr Cochrane
- Dr Forth
- Dr Gorman
- Dr Hasson
- Dr McCaffrey
- Dr Moran
- Dr Mullan
- Dr O'Neill
- Dr Trainor
- Dr Younge

Trainees:

These are the number of trainees currently working within the trust:

No. Higher trainee posts: 3

No. Core trainee posts: 4

No. GP training posts: 8

No. F2 posts: 4

Medical Staff HR contact: Leigh Simmons leigh.simmons@setrust.hscni.net

Duty Bleep Arrangements

- Ulster Site – There is no duty bleep for the Ulster Site however trainees have allocated slots within their weekly timetables to help with cover for Ward 27. There is a rolling rota for cover for the ward on Friday mornings to ensure all trainees have an equal opportunity to attend Reflective Group and the Academic Meeting.
- Lagan Valley Site – There is no duty bleep for the Lagan Valley site however trainees based there arrange cross cover of wards to ensure they have an equal opportunity to attend the Downshire on Friday mornings for the reflective group and academic meeting, and to ensure annual leave is covered.
- Downe Site – Duty bleep rota to ensure cover for annual leave / study leave / teaching.

Handover Arrangements

Due to split site cover handover takes place via telephone call between the outgoing and incoming doctor to ensure handover of outstanding tasks / issues to be aware of.

Rota Timetable

1. 1st on call

- 1: 8 on call from home covering either Lagan Valley site or Downe & Ulster
- ½ day off following on call
- Band 1A

April 2020			
Day	Date	Rota A (LVH)	Rota B (Downe/Ulster)
Wed	1st	A	B
Thu	2nd	C	D
Fri	3rd	E	F
Sat	4th	G	H
Sun	5th	I	J
Mon	6th	K	L
Tue	7th	M	N
Wed	8th	O	P
Thu	9th	J	I
Fri	10th	B	A
Sat	11th	D	C
Sun	12th	F	E
Mon (BH)	13th	H	G
Tue (BH)	14th	L	K
Wed	15th	N	M
Thu	16th	P	O
Fri	17th	G	H
Sat	18th	A	B
Sun	19th	C	D
Mon	20th	E	F
Tue	21st	I	J
Wed	22nd	K	L
Thu	23rd	M	N
Fri	24th	O	P
Sat	25th	H	G
Sun	26th	B	A
Mon	27th	D	C
Tue	28th	F	E
Wed	29th	J	I
Thu	30th	L	K

2. 2nd on-call

- Second on-call is non-resident and will be contacted by switchboard

Example Weekly Timetable (Core Trainee):

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	OPC	OPC	Ward 27	Community Team Meeting Supervision Admin	Reflective Group Academic Programme
PM	Ward 27	Duty Dr Ward 27	Ward 27	OPC Ards Hospital	Ward 27

Example Weekly Timetable (Higher Trainee):

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Review OPC	Review OPC	Research Session	Community Team Meeting Supervision	Reflective Group (facilitate) Academic Programme
PM	New patient OPC	Medical student teaching Admin	Special Interest Session	Medical student teaching	Admin / Clinic prep

Teaching

Protected training time:

- All trainees have 1 hour protected supervision with their clinical supervisor on a weekly basis.
- GP Trainees and F2s are encouraged to take part in the Diploma in Mental Health which is run through Queen's University, Belfast. This takes place on Wednesday afternoons.
- Core Trainees have protected training time to attend the Introduction to Psychotherapy course and MRCPsych teaching on a weekly basis (Wednesday am / pm).
- GP Trainees have protected training time to attend GP teaching days.

Trust teaching:

Friday morning – A weekly Academic Meeting takes place in Downshire Hospital for all medical staff. This provides opportunities for trainees to present case presentations, journal presentations and audit or quality improvement projects.

Educational Opportunities:

- A Reflective Practice Group is held in Downshire Hospital for all trainees on Friday mornings. Higher trainees have the opportunity to co-facilitate this group along with Consultant Clinical Psychologist.
- Fourth year medical students rotate through each site within the Trust, giving trainees the opportunity to participate in undergraduate teaching.
- The Trust is keen to support trainees who are undertaking postgraduate examinations and as such will endeavour to approve study leave for examinations / courses / conferences where possible.
- Trainees are encouraged to become involved in both Audit and Quality Improvement, with opportunities to undertake projects or participate in ongoing projects.
- Higher trainees have the opportunity to attend Medical Staff and Trust Directorate meetings.

Particular Strengths of this placement:

- Good variety of clinical experience
- Encouragement to be involved in QI/service development projects
- Integral part of multidisciplinary team
- Weekly Trust teaching, opportunities to present cases or projects
- Weekly supervision with consultant
- Opportunity to develop clinical, management and leadership skills
- Opportunity to be involved in emergency assessments, use of MH(NI)O 1986 and Mental Health Review Tribunals

A Trainee Perspective:

"I have been able to gain excellent experience throughout my time in the South Eastern Trust. There were a wide range of clinical opportunities as well as teaching, leadership and management opportunities. I felt well supported by senior staff and quickly felt like a member of the team here. Consultants were approachable and proactive in encouraging development of skills.

In the outpatient setting I had the opportunity to see review patients and assess new patients, formulating cases and management plans with supervision from consultants, as well as attending community meetings.

I have been encouraged to become involved in projects of interest to me, and special interest and research sessions were protected. During out of hours shifts I have been able to gain further experience in emergency presentations and assessments, risk assessment and management, and leadership, developing my confidence throughout the year." ST4 Trainee

Southern Health and Social Care Trust



- St Luke's Hospital site, Armagh (inpatient and outpatient)
- Mental Health building, Daisy Hill Hospital, Newry (outpatient)
- Coronation Building, South Tyrone Hospital, Dungannon (outpatient)
- Carland House, Armagh (outpatient)
- Tower Hill hospital, Armagh (outpatient)
- Banbridge Polyclinic, Banbridge (outpatient)
- Trasna House, Lurgan (outpatient)
- Bocombra Lodge, Craigavon (outpatient; CAMHS)

Brief description of inpatient units:

Bluestone Unit

- Located at Craigavon Area Hospital site as a separate building
- Provides inpatient treatment for those with severe mental health problems requiring treatment that cannot be provided in the community.
- Patients are assigned to one of 4 wards usually on the basis of address and age:
 - Bronte – Craigavon & Banbridge
 - Cloughmore – Newry & Mourne
 - Silverwood – Armagh & Dungannon
 - Willows – over 65 year olds
 - Dorsy unit – Intellectual disability inpatient unit
 - Rosebrook – Psychiatry Intensive Care Unit

St Luke's Hospital site

- Located in Armagh and contains Gillis dementia inpatient assessment unit in addition to a number of outpatient and community facilities

Outpatient opportunities:

Acute:

Home Treatment Crisis Response Team

- 3 teams covering 3 different localities: Armagh and Dungannon, Craigavon and Banbridge and Newry and Mourne.
- Provide intensive home treatment and high level support to adults experiencing severe mental health problems who would otherwise be admitted to hospital.
- Provide Home Treatment and Crisis Response from 9am-9pm and Crisis Response and ED Liaison from 9pm-9am 7 days per week.

Integrated Liaison service

- Interface between general acute care and psychiatric departments
- Core team works 9am-5pm 7 days per weeks on both the Craigavon Area Hospital and Daisy Hill hospital sites
- Long day F2/GPST/CT provides out-of-hours cover for this service between 5pm-9pm and the Home Treatment Crisis Response Team after 9pm.
- Based in the Liaison office on the Craigavon Area Hospital site.

Primary Mental Health Care Services

- Outpatient care for a range of psychiatric illness for a limited period of time.
- 3 teams covering the 3 different localities: Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne.
- Multidisciplinary Team including a Consultant Psychiatrist.
- They offer a wide range of interventions including brief psychological interventions, CBT and medication management.
- The majority of patients attending this service will have mild to moderate, non-complex mental illness e.g. anxiety disorders and depression.
- Working hours: 9am-5pm (Monday-Friday).

Support and Recovery service

- Outpatient care for chronic, complex and/or severe mental health problems, primarily bipolar affective disorder, schizophrenia or severe depression.
- 3 teams covering the 3 localities: Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne.
- Multidisciplinary Team including a Consultant Psychiatrist which can provide intensive longer term input for patients with significant mental health needs often involving multiple services.
- Working hours: 9am-5pm (Monday-Friday).

Addictions Service

- Outpatient treatment and can access inpatient beds in relation to drug and alcohol addictions.
- They provide substitute prescribing for opiate dependence.
- St Luke's Hospital, Armagh site.

Psychiatry of Old Age service

- 3 teams covering the 3 localities: Armagh & Dungannon, Craigavon & Banbridge and Newry & Mourne.
- Multidisciplinary Team, including a Consultant Psychiatrist who provides community based support for people over the age of 65 years and experiencing a mental illness, diagnosing dementia and supporting people living with dementia and their carers.

Child and Adolescent Mental Health Service (CAMHS)

- Mental Health assessment and treatment to young people up to 18 years of age.
- 3 teams covering the 3 localities: Armagh & Dungannon at South Tyrone Hospital, Craigavon & Banbridge at Bocombra Lodge and Newry & Mourne at Daisy Hill Hospital.

Staff

Consultants:

Consultant	Special Interests/Roles	Educational	Clinical
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Name		Supervisor	Supervisor
Dr P McMahon	Associate Medical Director Psychiatric Intensive Care Unit		x
Dr J Minay	Clinical Director Liaison Psychiatry Perinatal Psychiatry		x
Dr M Armstrong	Support and Recovery (Armagh and Dungannon) Inpatient and outpatient Physical health monitoring		x
Dr C Campbell	Support and Recovery (Newry and Mourne) Inpatient and outpatient		x
Dr P Campbell	Support and Recovery (Craigavon and Banbridge) Inpatient and outpatient		x
Dr H Corbett	Intellectual disability		x
Dr P Cotter	Primary Mental Health (Newry and Mourne) Outpatient		x
Dr P Coulter	Home Treatment Team		x
Dr M Cunningham	Intellectual Disability (Armagh and Dungannon) Inpatient and outpatient		x
Dr J Curran	Intellectual Disability		
Dr A East	Forensic Psychiatry Inpatient and outpatient		x
Dr H Hanna	CAMHS/ID Outpatient		x
Dr T Kane	Psychiatry of Old Age Inpatient		x
Dr A Kearney	CAMHS (Newry and Mourne)		x
Dr E King	Primary Mental Health (Craigavon and Banbridge) Outpatient	x	x
Dr L Megahey	Psychiatry of Old Age (Newry and Mourne) Outpatient		x
Dr O McCambridge	Addictions Outpatient	x	x
Dr A McGovern	CAMHS (Craigavon and Banbridge) Autism	x	x
Dr R McNamara	Support and Recovery (Craigavon and Banbridge) Inpatient and outpatient ECT		x
Dr H Mills	Eating Disorders/		

	Psychotherapy		
Dr E O'Neill	Intellectual Disability Inpatient and Outpatient		x
Dr J O'Neill	Primary Mental Health (Armagh and Dungannon) Outpatient		x
Dr C Rafferty	CAMHS (Craigavon and Banbridge)		x
Dr C Southwell	Psychiatry of Old Age (Craigavon and Banbridge) Outpatient		x
Dr A Subramanian	Clinical Director Intellectual Disability (Newry and Mourne) Inpatient and outpatient		x
Dr G Wethers	Support and Recovery (Armagh and Dungannon)	x	x
Current locum position	Support and Recovery (Craigavon and Banbridge) Inpatient and outpatient		
Current locum position	Support and Recovery (Newry and Mourne) Inpatient and outpatient		
Current locum position	Psychiatry of old age (Armagh and Dungannon) Outpatient		

Specialty doctors and associate specialists:

Speciality Doctor	Special Interests/Roles
Dr M Westhausian	Psychiatry of Old Age/ECT
Dr S Hanna	Addictions/Opiate Substitute Prescribing
Dr K McCauley	Support and Recovery outpatient
Dr O Murphy	Primary mental health outpatient
Dr J Casey	Psychiatry of Old Age outpatient
Dr M Cull	Psychiatry of Old Age outpatient
Dr N Sawaya	Psychiatry of Old Age outpatient
Dr C Quinn	Psychiatry of Old Age inpatient
Dr D McFarland	CAMHS outpatient
Dr Novak	CAMHS outpatient
Dr P McKiernan	CAMHS outpatient
Dr H McFerran	CAMHS outpatient
Dr S McEvoy	Support and Recovery outpatient

Specialist services within this placement:

- Addictions
- ECT
- Eating disorders team

- Forensic psychiatry
- Liaison Psychiatry
- Psychotherapy

Trainees:

No. Higher trainee posts: 4/5 including CAMHS

No. Core trainee posts: 10 including CAMHS

No. GP training posts: 7

No. F2 posts: 4

Duty Bleep arrangements:

As per rota (approx. once every 2 weeks + rolling rota for Wednesday and Friday afternoons to facilitate teaching)

Handover arrangements:

By telephone at 9am daily and 5pm if required

Example Weekly Timetable (Core Trainee)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Wards	Wards	Psychotherapy teaching	Clinic	Duty doctor
Afternoon	Clinic	Community Team Meeting	MRCPsych teaching	Admin	Teaching/ Balint

Example Weekly Timetable (Higher Trainee)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Wards	Wards	Special interest	Wards	Urgent OPC/CBYL appointment
Afternoon	Clinic	Community Team Meeting	Special interest	Clinic	Teaching/ Admin

Rotas

1. 1st On Call

WEEK	MON	TUES	WED	THURS	FRI	SAT	SUN
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1	D	D	D	D	D	L	L
2	OFF	D	D	D	D	OFF	OFF
3	O/N	OFF	D	D	D	OFF	OFF
4	D	L	D	D	D	OFF	OFF
5	D	D	O/N	OFF	D	OFF	OFF
6	D	D	D	D	O/N	OFF	O/N
7	OFF	D	D	D	D	OFF	OFF
8	L	D	D	D	D	OFF	OFF
9	D	D	D	L	D	OFF	OFF
10	D	D	D	D	L	O/N	OFF
11	D	D	D	D	D	OFF	OFF
12	D	O/N	OFF	D	D	OFF	OFF
13	D	D	L	D	D	OFF	OFF
14	D	D	D	O/N	OFF	OFF	OFF

Day	09.00 - 17.00	8 hours	D
Long Day	09.00 - 21.00	12 hours	L
Over - night	09.00 – 09.00	24 hours	O/N

2. 2nd On Call

1 in 8 shift pattern 24 hour on-call – non-resident

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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1	24hr NROC	D	D	D	D	OFF	OFF
2	D	24hr NROC	D	D	D	OFF	OFF
3	D	D	24hr NROC	D	D	OFF	OFF
4	D	D	D	24hr NROC	D	OFF	OFF
5	D	D	D	D	24hr NROC	OFF	OFF
6	D	D	D	D	D	24hr NROC	OFF
7	D	D	D	D	D	OFF	24hr NROC
8	D	D	D	D	D	OFF	OFF

Teaching

Protected training time:

- Wednesday teaching for core psychiatry trainees – psychotherapy and MRCPsych teaching
- Trust teaching: Friday afternoon 2-3pm
- Balint group facilitated by Dr Mills on Friday afternoons 3.30pm

Educational Opportunities:

- ECT special interest for higher trainees,
- Mental health diploma for F2/GP trainees,
- Bi-yearly audit/QI competition

Particular Strengths of this placement:

- Excellent Clinical and Educational Supervision
- Protected teaching time
- Opportunity to gain experience undertaking emergency MH assessments/liaison experience
- ECT timetable for trainees

Trainee Perspective:

“In SHSCT I worked in a split job between PMHC and a ward job in Bluestone. This meant the workload was varied and interesting, with PHMC and the inpatient setting presenting different challenges. The out of hours work included both liaison and inpatient cover, which gave lots of opportunity for emergency assessments. Formal teaching was given at weekly departmental meetings and regular Balint group was really useful for developing psychotherapy experience.” CT1 Trainee

Western Health and Social Care Trust



Western Trust

Acute Sites & peripheral units:

There are three main sites in the Western Trust:

- Grangewood on the Gransha site in Derry in the Northern sector
- The Tyrone and Fermanagh Hospital in Omagh
- Keyworkers Accommodation in the South West Acute Hospital (outpatient only) in the Southern sector.

Brief description of inpatient units:

The Tyrone and Fermanagh Hospital consists of Elm and Lime ward, female and male admissions respectively. It is a 26 bedded unit with 4 enhanced care beds. There is a home treatment/crisis team in both Omagh and Enniskillen with a step down/alternative to hospital admission through Rathview house, a 6 bedded unit in Omagh. In Grangewood, the crisis team, acute day hospital and inpatient services operate under the one roof with the opportunity to step up or step down from hospital with either day hospital or treatment at home.

Outpatient opportunities:

There are outpatient Recovery and Primary Care Liaison teams in:

- Omagh
- Enniskillen
- Limavady
- Strabane
- Derry Cityside
- Derry Waterside

There are also Psychological Therapies Teams based in:

- Dawson house in Derry
- Erne House in Omagh
- The Aisling Centre in Enniskillen

Specialist services within this placement:

- The Trust has a half time Community Forensics team
- There is a Personality Disorder Service based in Dawson House which covers both Northern and Southern sectors of the Trust
- There is a nurse led Eating Disorder Service
- The community Addictions Team covers both Northern and Southern sectors of the Trust with outpatient clinics in Enniskillen, Omagh (Asha centre) and Woodlea House (Gransha site-Derry). There is an 8 bedded inpatient detox unit in Omagh, Asha centre providing detox and stabilisation for patients referred in by the community teams and the wards.
- Psychiatric Liaison teams are currently being developed in Altnagelvin and the SWAH.

Staff

College tutor: Dr Deirdre McGlennon deirdre.mcglennon@westerntrust.hscni.net

Consultant staff

Consultant Name	Role/Special Interest
John Brady	Crisis Service/In-patients, Omagh ECT lead S. Sector
Oro Etaluku (L)	Older People's Mental Health, inc liaison
Vacancy	Older People's Mental Health
Pat Manly	Omagh PCLS and Recovery Team
Margaret Kelly	Crisis Service/In-patients, Omagh
Teresa Slade (L)	Fermanagh PCLS and Recovery Team
Sarah Heal Leanna Armitage	Community Forensic Mental Health Team, Trustwide
Scott Payne	Addictions Services, Trustwide Clinical Lead
Andy Kinch-O'Kane	Regional In-patient Addictions Unit EMDR
Ryan McHugh	Community ID, inc Forensic, based in Omagh
Bronagh Sproule	Crisis Service/In-patients, Derry Undergraduate Tutor, N. Sector
Deirdre McGlennon	Crisis Service/In-patients, Derry Post-graduate Educational Lead, N. Sector
Kris Krajewski (L)	ID, In-patients, Derry
Tuoyo Awani (L)	OPMH, In-patients and Liaison, Derry
Lisa Campbell	Primary Care Liaison Service, N. Sector
Helen Connelly	Primary Care Liaison Service, N. Sector, Clinical Lead

Dr Gilliland (L)	Recovery Mental health Team, Rosstowney, Derry
Linda Clarke	Recovery Mental health Team, Rosstowney, Derry
Vacancy	Recovery Mental health Team, Slievemore, Derry
Vacancy	Recovery Mental health Team, Limavady
Guy Barclay Catherine Forgie	OPMH Community Services, N. Sector
Leo Tumelty	OPMH Community Services, N. Sector, Clinical Lead OPMH
Lisa Brady	Divisional Clinical Director and Assistant Director Crisis/Inpatient Services, Trustwide. ECT Lead, N. Sector
Claire Elliott	CAMHS, N. Sector
Iris Wylie	CAMHS, S. Sector
Mugda Kamat	CAMHS, N. Sector
Seamus Mullan	CAMHS, N. Sector

Specialty doctors :

Michael Warren	Crisis Service/In-patients, Omagh Post-graduate Educational Lead, S. Sector
Shazia Nazir	Crisis Service/In-patients, Omagh Undergraduate Tutor, S. Sector
Ruth Foy	OPMH, Omagh
Rowenna Deering	Recovery Mental Health Team, Fermanagh
Farooq Ahmad	Recovery Mental Health Team, Omagh
Jude Blain	PCLS, S. Sector
Jennifer Hegarty	Addictions Services, Substitute Prescribing, Trustwide
Noel Crockett	Crisis Service/In-patients, Derry
Anjum Qureshi	PCLS, N. Sector
Sarah Heal	Community Forensic Mental Health Team

In the southern sector there are two speciality doctors in the crisis service and 2.8 WTE between Omagh and Enniskillen recovery and primary care Liaison teams.

Trainees:

No. Higher trainee posts: 3
No. Core trainee posts: 7
No. GP training posts: 2
No. F2 posts: 4

On Call Arrangements

- The OOH rota is a one in seven on call.
- The duty bleep rota is attached to the on call rota.
- In the Tyrone and Fermanagh Hospital, there is a multidisciplinary hand over meeting daily on the wards at 09.30am.

Example Weekly Timetable (Core Trainee)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Ward Round	Ward Work	Psychotherapy teaching	Ward Work	Ward Work
Afternoon	Journal Club/ Balint Group	Ward Work	MRCPsych teaching	Admin	Duty doctor

Example Weekly Timetable (Higher Trainee)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Multi-disciplinary Team Meeting	Outpatient Clinic	Special interest	New patient assessments	Outpatient Clinic
Afternoon	Journal Club/ Balint Group	Outpatient Clinic	Special interest	Urgent reviews	Admin

Teaching

Protected training time: Wednesday afternoons are protected for core psychiatry trainees to attend regional teaching. FY2 and GP trainees are encouraged to complete the mental health diploma at QUB and will be released to attend on Wednesday afternoons. GP trainees are also protected on their educational days as are foundation trainees for attendance at generic skills days in NIMDTA.

Trust teaching: The journal club in the Tyrone and Fermanagh hospital runs on Monday afternoons at 2.30pm in Cedar Villa. A new Balint group organised by Dr Michael Warren and Stephen Donnelly will be taking place immediately after the academic meeting.

Educational Opportunities:

Trainees will have the opportunity to attend “STEP West” (Quality Improvement Training). They can also apply to become the Trust Teaching Fellow through the Medical Education Department.

Particular Strengths of this placement:

The Western Trust offers a mixture of rural and urban pathology covering a large geographical area. There is an opportunity to become involved in leadership and management of services from an early stage.

Acknowledgments

This Prospectus was compiled by Dr Keira Walsh, General Adult Psychiatry Trainee and ADEPT Fellow in Placement Quality 2019/2020.

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Thank you to the trainees who contributed to the completion of this document:

Dr Catherine Boucher

Dr Roisin Connelly

Dr Michael Doris

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Dr Aisling Sheridan

Dr Katie Hunter