

Support available to GPs on the NIPMPL

What is the NIMDTA GP Mentoring Scheme?

Opportunity to have **four** sessions with an experienced GP mentor and educator to discuss all work-related topics. A mentoring programme can assist an individual with decisions critical to their career success.



To apply for mentoring:

1. Review the mentor biographies on the **GP Mentoring** webpage and choose up to **three** possible GP mentors.
2. Email the mentoring team at gpmentoring.nimdta@hscni.net stating your wish to engage in mentoring and provide your details.

What is NIMDTA GP Career Guidance?

It is intended to offer general careers advice to any GP currently working in NI or considering working here.

To seek GP career guidance:

1. Have a look at the **GPNI Careers** website which has a lot of resources.
2. Email gpcpd.nimdta@hscni.net to ask for a meeting with the GP Career Development Lead. This can take the form of a phone call, virtual meeting or in person catch up.



What to do if I am in difficulty?

Whilst the two options above can provide support and guidance, if you are finding work difficult or feeling unable to cope, you can also contact any of the organisations at this link:



**Useful
Support
Resources**