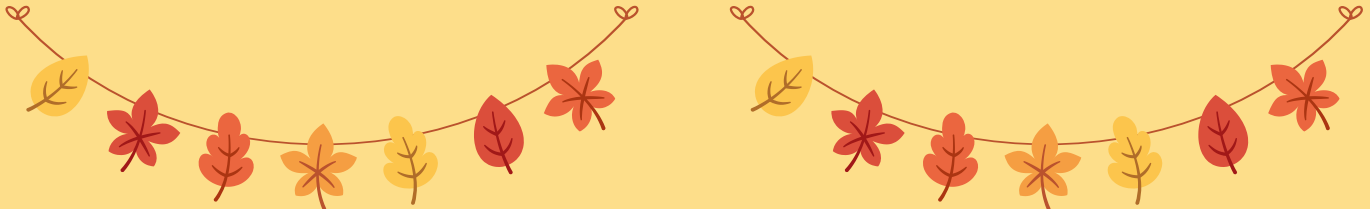




NOVEMBER 2023

# *CONTINUING EDUCATION NEWSLETTER AUTUMN 23 EDITION*



## **A WORD FROM CAROLINE LAPPIN THE NORTHERN IRELAND CHIEF DENTAL OFFICER**



As the Chief Dental Officer (CDO), I have the privilege to be the head of the dental profession in Northern Ireland and, as such, lead advice and future direction for dentistry and oral health improvement.

The CDO is the chief advisor to the Minister for Health and the Permanent Secretary about dentistry and oral health matters in Northern Ireland.

It is an interesting and challenging position and provides an opportunity for me to apply my clinical knowledge and experiences alongside management and leadership skills in the Department at a period of significant and unprecedented change in the Northern Ireland Health and Social Care system.

My clinical background has involved working in general dental practice, hospital dental services, prison dental services and community dental services. This gives me a good background to understanding many of the challenges faced by patients and the dental profession.

For many years, the focus of dentistry has been on the treatment of dental disease, and one of my big challenges is working with policy colleagues to develop and maintain standards to improve oral health in Northern Ireland that can work within and alongside dentistry and the wider health improvement agenda.

I work closely with colleagues in DoH, within the Chief Medical Officer Group and Primary Care Directorate, across Government and with key stakeholders in other sectors, and I am very keen to ensure that I continue to develop an integrated approach to my role. I have a close working relationship with NIMDTA and undergraduate dental education too and that is key for developing dental professionals both now and in the future.

While my CDO role sits within the Department of Health and the wider NI Civil Service structure, I am committed to supporting my dental colleagues the best I can, while ensuring that patients interests are supported too.



# WHAT'S NEW!

## NIMBLE NIMDTA'S

Congratulations to all NIMDTA staff who participated in this year's Shine Night Walk in Belfast on Saturday 14th October. Over £1000 was raised for cancer research.

The initiative is part of NIMDTA's plans to introduce more Health and Wellbeing activities for staff to support and take part in, with the added benefit of raising funds for charity!

The Dental team was represented by Amanda, Nicky and Kimberly.



## NI FIRE AND RESCUE TRAINING FACILITIES

NIMDTA were recently invited to the new fire and rescue training facility in Cookstown. What an amazing facility it will be on completion in 2024. There may be opportunities to use these training facilities for dental events in the future!



## HEALTH LITERACY MONTH



October was Health Literacy month.

NIMDTA ran an event on 25 October to ensure dental professionals have the tools to promote understanding of health information when delivered to patients and carers.

**Ask Me Three**

UNDERSTANDING HEALTH INFORMATION

Health information can be difficult to understand.

Three good questions you can ask when you speak to a health professional, including pharmacist, nurse or doctor, are on the back of this card.

**Ask Me Three**

- 1 What is my main problem?
- 2 What do I need to do?
- 3 Why is it important for me to do this?

For further information contact Belfast Healthy Cities: [www.belfasthealthycities.com](http://www.belfasthealthycities.com)

## THINKING AHEAD - MOUTH CANCER ACTION MONTH

Mouth Cancer Action Month is held in November every year and is supported by the Mouth Cancer Foundation and the Oral Health Foundation. Get ready to raise awareness! Contact them to receive FREE mouth cancer information, awareness materials and merchandise.

<https://www.mouthcancerfoundation.org/mouth-cancer-action-month/>

NOT JUST IN NOVEMBER. ALWAYS.

**BE MOUTH AWARE**

Look for red or white patches, long-lasting mouth sores or unusual lumps and swellings in the mouth, lips, head and neck.







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# UPCOMING COURSES IN NOVEMBER



UPCOMING NEXT MONTH	UPCOMING NEXT MONTH	UPCOMING NEXT MONTH
<p><b>NOV 08</b></p> <p><b>SAFETALK SUICIDE ALERT TRAINING</b></p> <p>WEDNESDAY 08 NOVEMBER 2023 NIMDTA, BEECHILL HOUSE, 42 BEECHILL ROAD, BT8 7RL 6PM - 9PM Amanda Jackson &amp; Kiri McLaughlin DENTIST - FREE DCP - FREE OTHER - FREE</p>	<p><b>NOV 14</b></p> <p><b>INTRA-ORAL SCANNING FOR DENTAL NURSES</b></p> <p>TUESDAY 14 NOVEMBER 2023 DMI, UNIT 1 ALTONA ROAD, LISBURN, BT27 5QF 2PM - 4.30PM Nicola Shanks DENTAL NURSE- £44</p>	<p><b>NOV 27</b></p> <p><b>DAM THAT TOOTH</b></p> <p>MONDAY 27 NOVEMBER 2023 BF MULLHOLLAND, 58 GLENAVY ROAD, CRUMLIN, BT29 4LA 3PM - 5PM DENTIST- £79 DENTAL NURSE - £60 (2 PART) Justin Barnes</p>
<p><b>NOV 08</b></p> <p><b>DEMENTIA AWARENESS</b></p> <p>WEDNESDAY 08 NOVEMBER 2023 ONLINE ZOOM SESSION LOG IN FROM YOUR OWN DEVICE 1PM - 2PM DENTIST - FREE DCP - FREE OTHER - FREE Julie Morton</p>	<p><b>NOV 15</b></p> <p><b>CLINICAL SKILLS REFRESHER</b></p> <p>WEDNESDAY 15 NOVEMBER 2023 NIMDTA, BEECHILL HOUSE, 42 BEECHILL ROAD, BT8 7RL 9.30AM - 12.30PM DENTIST - £89 Nicola Shanks</p>	<p><b>NOV 27</b></p> <p><b>ADULT SAFEGUARDING CHAMPION - LEVEL 3</b></p> <p>MONDAY 27 NOVEMBER 2023 ONLINE ZOOM SESSION LOG IN FROM YOUR OWN DEVICE 9.30AM - 4.30PM DENTIST - £100 DCP - £33 OTHER - £33 Mary McCartan</p>
<p><b>NOV 08</b></p> <p><b>DENTAL NURSE POST QUALIFICATIONS- ARE THEY FOR ME?</b></p> <p>WEDNESDAY 08 NOVEMBER 2023 ONLINE ZOOM SESSION LOG IN FROM YOUR OWN DEVICE 6.30PM - 8PM DENTAL NURSE - FREE Various Speakers</p>	<p><b>NOV 22</b></p> <p><b>MENOPAUSE MATTERS</b></p> <p>WEDNESDAY 22 NOVEMBER 2023 ONLINE ZOOM SESSION LOG IN FROM YOUR OWN DEVICE 1PM - 2PM DENTIST - FREE DCP - FREE OTHER - FREE Jenny Johnston &amp; Helen Reid</p>	<p><b>NOV 29</b></p> <p><b>DECONTAMINATION REFRESHER TRAINING</b></p> <p>WEDNESDAY 29 NOVEMBER 2023 ONLINE ZOOM SESSION LOG IN FROM YOUR OWN DEVICE 6.30PM - 8PM DENTIST - £39 DCP - £15 OTHER - £15 Amanda Jackson</p>



# FACE TO FACE/HANDS ON COURSES NOT TO BE MISSED!



**SUICIDE WOULD YOU LIKE TO BE ABLE TO SUPPORT OTHERS?**

How do you know if a friend or family member is having thoughts of suicide?  
Would you like to know what to look out for?  
Would you like to be able to get them the right support?

SafeTALK Suicide Alert Training  
Monday 8th November 2023  
6:00pm - 9:00pm  
NIMDTA  
Speakers: Amanda Jackson & Kiri McLaughlin

Free Training Session for ALL

[BOOK NOW](#)

NIMDTA Beechill House, 42 Beechill Road, Belfast, BT8 7RL

**CLINICAL SKILLS REFRESHER**

Enhance your crown preps  
Refine molar endodontic access cavities  
Make use of the safe space to get your confidence back and hone your skills

NICOLA SHANKS  
WEDNESDAY 15TH NOVEMBER 2023  
9:30AM - 12:30PM

SIMULATION SUITE  
NIMDTA  
BEECHILL HOUSE  
42 BEECHILL ROAD  
BELFAST  
BT8 7RL

DENTIST - £89

[BOOK NOW](#)

**DAM THAT TOOTH**

Justin Barnes  
Monday 27th November 2023  
Monday 25th March 2024  
2:00pm - 5:00pm

Dentist - £79 (1 Part Only)  
Dental Nurse - £60  
(If you book on to Part 1 of this Course you will automatically be enrolled in Part 2)

[BOOK NOW](#)

The Dental Nurse aspect of this course is two part:  
Part 1 - Theory & Hands on.  
Part 2 - a review of portfolio via zoom 25 March 2024

BF Mulholland, 58 Glenavy Road, Crumlin, BT29 4LA

Hands On

**BOOK NOW**





### BESPOKE CPD DAY

Are you interested in organising a Bespoke CPD day for your surgery? Why not arrange a day which is tailored to your staffs needs and include topics such as Safeguarding, Radiography, Decontamination/IPC, Complaints Handling, Equality and Diversity and Combating Stress in Dentistry.

For more information please contact [dentalcourses.nimdto@hscni.net](mailto:dentalcourses.nimdto@hscni.net)



### SCHOOL LEAVERS EVENT

On 1 November we plan to hold an event for school leavers who are interested in a career in Dentistry.

Students will have the unique opportunity to use our world class simulation suite and dental materials – the very same equipment used by current dentists in training!

Have a go at:

- Using a Drill
- Drilling a tooth
- Treating a Root Canal
- Tooth Restoration...and much more!



The Simulation Suite is state of the art and attracts trainees and students from all over the world!

Students will be able to ask questions directly to dentists, dental nurses, and dental educators – plus meet members of the NIMDTA Dental Senior Management Team!

We are excited to run this event and will keep you updated with any feedback from students.



NIMDTA are working on producing a brochure that details courses that support Dental Nurse career pathways. We hope to publish this at the start of 2024 when we will hopefully have achieved NEBDN accreditation to deliver both special care and sedation post certificate courses.

If developing your career is something you are interested in why not attend our dental nurse network session on Wednesday 8th November @ 6.30pm

**BOOK NOW**

